



# State Resources for Seniors in New Mexico

At AssistedLiving, we understand that learning about and accessing the assistance you need isn't easy. We created this guide to help seniors and their families learn about the available financial assistance options for senior living and senior care in your state so you can focus on what matters: finding the right senior care for your loved one. In the following resource guide, learn about the financial assistance options for senior care and senior living in your state, what benefits the different programs offer, who is eligible, and how to apply.

# Food Assistance Programs for Seniors

Rising costs have made it difficult for some seniors to pay for nutritious foods. Fortunately, New Mexico has several resources to help residents meet their nutritional needs. Homebound seniors benefit from the home-delivered meals offered by Meals on Wheels, while seniors who are a little more independent may want to visit a local food pantry to obtain nutritious meal ingredients. City and state agencies also offer congregate meals at senior centers throughout New Mexico.

## Meals on Wheels

New Mexico has more than 100,000 seniors facing food insecurity. Meals on Wheels is working to address this problem by having a network of volunteers deliver hot meals to New Mexicans in need. Each delivery also gives volunteers the opportunity to connect with participants, reducing social isolation. Some MoW organizations have additional programs to help New Mexico residents, such as pet food delivery and weekend pantry offerings, to ensure participants have nutritious food to eat, even when MoW isn't delivering hot meals.

	Area Served	Address	Phone Number
<b>Meals on Wheels of Albuquerque</b>	Albuquerque Metro	5901 Harper Dr. NE Albuquerque, NM 87109	(505) 823-8060
<b>Meals on Wheels - Santa Fe County</b>	Santa Fe County	102 Grant Ave. Santa Fe, NM 87501	(505) 992-3094

## Food Pantries

New Mexico has several food pantries available to distribute canned goods, condiments and other food items. For seniors with limited financial resources, these items can be used to increase the nutritional content of meals and snacks.



	Area Served	Address	Phone Number
<b>Echo Food Bank</b>	San Juan County	401 S. Commercial Ave. Farmington, NM 87401	(505) 326-3770
<b>The Community Pantry</b>	Cibola County, McKinley County	P.O. Box 520 Gallup, NM 87305	(505) 726-8068
<b>The Food Bank of Eastern New Mexico</b>	Roosevelt County, Quay County, De Baca County, Curry County, Guadalupe County	2217 E. Brady Clovis, NM 88101	(575) 763-6130
<b>The Food Depot</b>	Santa Fe County, Union County, Taos County, Harding County, Colfax County, Los Alamos County, Rio Arriba County, Mora County, San Miguel County	1222 A Siler Rd. Santa Fe, NM 87507	(505) 471-1633
<b>Roadrunner Food Bank Albuquerque and Las Cruces</b>	Bernalillo County, Valencia County, Torrance County, Dona Ana County, Chaves County, Catron County, Sierra County, Socorro County, Grant County, Eddy County, Hidalgo County, Lincoln County, Otero County, Luna County, Lea County, Sandoval County	5840 Office Blvd. Albuquerque, NM 87109  505 S. Main St., Suite 129A Las Cruces, NM 88001	Albuquerque: (505) 247-2052 Las Cruces: (575) 523-4390

## Government Assistance Programs

New Mexico has many rural areas, making it difficult for some seniors to access the services offered by Meals on Wheels and local food pantries. If you can't get help from one of the organizations above, you may be eligible for food-related assistance from one of these city or state agencies.

	Area Served	Address	Phone Number
<b>New Mexico Aging &amp; Long-Term Services Department</b>	Statewide	2550 Cerrillos Road Santa Fe, NM 87505	(800) 432-2080
<b>City of Albuquerque Senior Meal Program</b>	Bernalillo County	Meals offered at multiple sites	(505) 764-6400
<b>Santa Fe County Senior Services</b>	Santa Fe County	Meals offered at multiple sites	(505) 955-4711