



State Resources for Seniors in Kentucky

At AssistedLiving, we understand that learning about and accessing the assistance you need isn't easy. We created this guide to help seniors and their families learn about the available financial assistance options for senior living and senior care in your state so you can focus on what matters: finding the right senior care for your loved one. In the following resource guide, learn about the financial assistance options for senior care and senior living in your state, what benefits the different programs offer, who is eligible, and how to apply.

Food Assistance Programs for Seniors

Good nutrition is vital for the continued health of aging adults, but low-income seniors may experience hunger or poor nutrition due to a lack of funds. Food assistance programs help make food affordable. Community food programs provide meals and groceries to ensure all seniors have access to nutritious foods. Seniors throughout Kentucky have access to various food assistance programs, which may include Meals on Wheels, food pantries and/or government assistance programs.

Meals on Wheels

Various organizations throughout Kentucky operate Meals on Wheels programs to provide home-delivered meals to seniors who might otherwise go hungry. Delivering nutritious meals helps enable independent living while providing an opportunity for delivery drivers to perform a safety check and offer social interaction. Meals are generally provided for free or at a low cost based on a sliding fee scale to ensure access to those older adults most in need.

	Area Served	Address	Phone Number
Louisville Senior Nutrition Program - Meals on Wheels	Louisville Metro area	701 West Ormsby Avenue #201 Louisville, KY 40203	(502) 574-6325
Meals on Wheels of Lexington	Lexington	Trinity Baptist Church 1675 Strader Drive Lexington, KY 40505	(859) 276-5391
Meals on Wheels Southwest Ohio & Northern Kentucky	Boone, Kenton, Gallatin, Carroll, Owen, Grant, Pendleton and Campbell counties in Kentucky	2091 Radcliff Drive Cincinnati, OH 45204	(513) 244-5485
Tri-County Community Action Meals on Wheels	Henry, Oldham and Trimble counties	1015 Dispatchers Way LaGrange, KY 40031	(502) 222-1349
Murray-Calloway County Senior Citizens Center Meals on Wheels	Calloway County	607 Poplar Street Murray, KY 42071	(270) 753-0929

Food Pantries

Seniors needing food assistance who can travel independently or have access to transportation may benefit from community food pantries. Generally operated by churches and nonprofit organizations, food pantries provide fresh and nonperishable food that seniors can use to create meals at home. Kentucky boasts numerous food pantries throughout the state. Each program operates under its own eligibility requirements and has varying hours of operation, so call ahead to confirm when to come and what kind of information to bring.

	Area Served	Address	Phone Number
Salvation Army Central Kentucky Area Food Pantry	Fayette County	736 West Main Street Lexington, KY 40508	(859) 252-7706
Open Hands Community Food Pantry	Lawrenceburg	1111 Industry Road Lawrenceburg, KY 40342	(502) 839-0094
Neighborhood House Emergency Food Bank	Louisville	201 North 25th Street Louisville, KY 40212	(502) 774-2322
Hope Ministries of Northern Kentucky Food Pantry	Northern Kentucky	263 Main Street Florence, KY 41042	(859) 371-1887
Action Ministries Food Pantry	Covington	4375 Boron Drove Covington, KY 41015	(859) 261-3649

Government Assistance Programs

Government entities in Kentucky also provide various food assistance programs. These programs allow eligible seniors to purchase what they need directly from grocery stores or farmers markets. Each program helps supplement the food budgets of low-income seniors and ensures they have access to healthy meal options. Eligibility requirements vary between programs and often include income limits. Contact the programs directly to learn more about the application process.

	Area Served	Address	Phone Number
Kentucky Supplemental Nutrition Assistance Program (SNAP)	Statewide	275 East Main Street 3E-I Frankfort, KY 40621	(855) 306-8959
Kentucky Department of Agriculture Commodity Supplemental Food Program (CSFP)	Statewide	107 Corporate Drive Frankfort, KY 40601	(502) 782-9231
Kentucky Department for Aging and Independent Living Nutrition Program for the Elderly	Statewide	275 East Main Street 3E-I Frankfort, KY 40621	(502) 564-6930 ext. 3495
Kentucky Department of Agriculture Senior Farmer's Market Nutrition Program (SrFMNP)	Statewide	107 Corporate Drive Frankfort, KY 40601	(502) 782-9238