



State Resources for Seniors in Vermont

At AssistedLiving, we understand that learning about and accessing the assistance you need isn't easy. We created this guide to help seniors and their families learn about the available financial assistance options for senior living and senior care in your state so you can focus on what matters: finding the right senior care for your loved one. In the following resource guide, learn about the financial assistance options for senior care and senior living in your state, what benefits the different programs offer, who is eligible, and how to apply.

Food Assistance Programs for Seniors

Food insecurity is an issue many seniors face, so Vermont residents have a variety of options to ensure they have access to regular, nutrient-rich foods. If your income doesn't fully cover your nutritional needs, you may qualify for assistance through the Meals on Wheels program, one of your local food pantries or one of the appropriate state-run programs.

Meals on Wheels

Eligible seniors can take advantage of their local Meals on Wheels program, receiving deliveries of hot prepared meals on a preset schedule. Programs are run separately and will offer different delivery dates and times. The number of meals you qualify for may also vary by location.

	Area Served	Address	Phone Number
Meals on Wheels Central Vermont	Barre City, Barre Town, Berlin, Orange, Washington and Williamstown	14 Washington Street, Suite 511 Barre, VT 05641	(802) 479-9175
Vermont Center for Independent Living	Montpelier, Bennington, Brattleboro, Burlington, Morrisville and Rutland	11 East State Street Montpelier, VT 05602	(802) 224-1823
Meals on Wheels of Lamoille County	Lamoille County and Worcester	21 Munson Avenue, Suite 2 Morrisville, VT 05661	(802) 888-5011
Chelsea Senior Center	Chelsea, Tunbridge and Vershire	512 Washington Street Chelsea, VT 48118	(734) 475-9242
Orange East Senior Center	Bradford, Corinth, Fairlee, Newbury and Topsham	176 Waits Road Bradford, VT 05033	(802) 222-4782
Quin-Town Senior Center	Granville, Hancock, Pittsfield, Rochester and Stockbridge	1097 Vermont Route 100 Hancock, VT 05748	(802) 767-3763

City Hotel Café	Barre City, Barre Town, Orange, Washington, Williamstown and areas of Berlin	14 Washington Street Barre, VT 05641	(802) 479-9175
Montpelier Senior Activity Center	Montpelier and southwest Berlin	58 Barre Street Montpelier, VT 05602	(802) 223-2518
South Royalton Senior Center	Bethel, Royalton and Sharon	4266 Vermont Route 14 Royalton, VT 05068	(802) 763-7386
Randolph Senior Center	Braintree, Brookfield and Randolph	6 Hale Street Randolph, VT 05060	(802) 728-9324
Mad River Valley Senior Center	Fayston, Waitsfield, Warren, Duxbury and Moretown	5398 Main Street Waitsfield, VT 05673	(802) 496-2543
Northfield Senior Center	Northfield, Roxbury and Berlin	168 Wall Street Northfield, VT 05663	(802) 485-8112
Twin Valley Senior Center	Cabot, Calais, East Montpelier, Marshfield, Plainfield and Woodbury	4583 U.S. Route 2 East Montpelier, VT 05651	(802) 223-3322
Waterbury Area Senior Center	Waterbury, Middlesex, Duxbury and Moretown	14 Stowe Street Waterbury, VT 05676	(802) 244-1234

Food Pantries

Vermont offers dozens of food pantries to ensure seniors always have access to nutritious food. Aside from a statewide program, there are several smaller, localized organizations that serve their immediate areas. The hours of operation and eligibility criteria vary by location.

	Area Served	Address	Phone Number
Vermont Foodbank	Statewide at designated pickup locations	33 Parker Road Barre, VT 05641	(800) 585-2265
Hardwick Area Food Pantry	Hardwick, Albany and Craftsbury	39 W Church St Hardwick, VT 05843	(802) 472-5940

Deerfield Valley Food Pantry	Dover, Halifax, Marlboro, Readsboro, Searsburg, Whitingham and Wilmington	7 Church Street Wilmington, VT 05363	(802) 464-0148
Randolph Area Food Shelf	Randolph, Braintree, Brookfield and East Granville	12 Prince Street, Unit 3 Randolph, VT 05060	(802) 431-0144

Government Assistance Programs

If the above programs are not able to accommodate your food insecurity, the following government programs may be able to provide additional assistance:

	Area Served	Address	Phone Number
3SquaresVT	Statewide	Visit your local Economic Services Department office	(800) 479-6151
Senior Farm Share Program	Participating housing sites	P.O. Box 697 Richmond, VT 05477	(802) 434-4122